## STRICTLY PRACTITIONER ONLY ethical | innovative | dedicated

# **Neuro Sleep**

## Established herbal sleep formula with magnesium



Pack Size: 60 hard capsules.

**Dosage:** Take 2 capsules daily 30–60 minutes before bed or as directed by your healthcare practitioner.

Contains soya bean products. If symptoms persist talk to your health professional.

Storage Guide: Store below 25°C in a cool, dry place.

#### Often used in conjunction with:

- CogniCare
- BioTress®/BioActivated B
- CalmPlex
- BioActivated Magnesium/Mag FX®

## **Product Highlights**

Formulated on clinical experience, scientific research and traditional data

Capsules lightly flavoured with lavender oil for optimal compliance

Convenient, low-excipient vegan capsule

Unique herbal and nutritional formula

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#### **Each Neuro Sleep capsule contains:**

Humulus lupulus (Hops) fruit ext. dry conc.	62.5 mg
from dry fruit	625 mg
Valeriana officinalis (Valerian) root ext. dry conc.	200 mg
from dry root	1 g
Passiflora incarnata (Passionflower) herb top flowering	
ext. dry conc.	100 mg
from dry flowering herb top	2 g
Magnesium (from Magnesium amino acid chelate)	52.5 mg

#### **Product Indications:**

- Contains herbs used in traditional western herbal medicine to relieve sleeplessness and calm the nerves
- Contains magnesium to support healthy sleeping patterns and a healthy stress response in the body
- Contains herbs traditionally used in western herbal medicine to relieve restlessness and nervous tension
- Magnesium plays a role in neurotransmitter synthesis

